

## **GRAND SLAM BASEBALL INFO**

Rookie will be called Grand Slam this year

Grand Slam is the follow-up program for Rally Cap and is meant for players aged 8 and 9. It was developed by Baseball Canada and is designed to develop skills in our young players by reducing team sizes and encouraging touches of the baseball through practice and game situations.

Here is some general info on the Program:

There are no hard and fast rules for Grand Slam. Baseball Canada has put forth guidelines; teams of 6-8, all players in the infield, all players bat each inning, no walks or strikeouts, etc. They also provide coaches booklets and sticker books for players.

Typical game days would probably include a 15-30 minute practice and then a game with another team afterwards. 60-90 minutes total.